

Hungry for Change

NSW Food Summit October 22-23

PRESENTERS

Bernard Carlon, Director, Sustainability Programs, Dept of Environment, Climate Change & Water NSW



John Coveney is a Professor in the Discipline of Public Health at Flinders University, Adelaide. He has established a high profile as an energetic advocate for, and spokesperson on, health promotion and food policy issues through regular contribution to academic, professional and public activities, conferences and debates to influence health policy and practice. John has worked in clinical nutrition, and community and public health in Australia and overseas. He is the author of two books, numerous book chapters and peer-review articles. He is currently associate editor for the journal *Critical Public Health*.



Jeanette Longfield MBE Co-ordinator of **SUSTAIN UK: the alliance for better food and farming**)
Jeanette Longfield's degree in International Relations and a Masters in Development Studies led to work as a Policy Analyst at the National Council for Voluntary Organisations. After five years she moved onto campaigning at the Coronary Prevention Group. Four years on she became Co-ordinator of the National Food Alliance, alongside undertaking consultancy work for other health-related organisations. As Sustain's Co-ordinator, Jeanette liaises with the Food Standards Agency, contributes to a number of food policy committees, and appears regularly in the media representing a public interest view on food policy issues. She was awarded an MBE for services to food policy in the 2007 New Year Honours.

Alan Madden, Metropolitan Local Aboriginal Land Council will conduct a Welcome to Country



MC Lyndey Milan, food and wine celebrity
Lyndey Milan is an energetic multi-award-winning communicator, author, teacher, presenter, MC and consultant on all things gastronomic. She is a well known face in print, radio and on TV. She has been enticed back to the iconic Australian Women's Weekly where she was Food Director for nearly nine years, this time as Contributing Food Director. She spent the previous year as Associate Food Director and major contributor to BBC Australian Good Food magazine. Lyndey appears on Mornings with Kerri-Anne weekly on the Nine Network every Friday and was previously co-host of Fresh on the same network for over eight years. This followed a media career encompassing all commercial TV networks, radios 2UE and 2GB, innumerable magazines and newspapers. Apart from media appearances she has a successful consultancy business which includes public speaking, emceeing, celebrity appearances and cooking demonstrations, cooking and wine appreciation classes, advising food and wine clients - in fact anything to do with food, wine, agriculture and lifestyle.



Clover Moore, MP Lord Mayor of Sydney

In 2004 Clover Moore MP was the first popularly elected female Lord Mayor of Sydney, and in 2008 was re-elected with an increased majority. Lord Mayor Moore has been an Independent Member of the New South Wales Parliament since 1988.

The Lord Mayor is committed to securing Sydney's future as a competitive global city, and as one of the world's leading green cities, as outlined in the City of Sydney's "Sustainable Sydney 2030" vision. Ms Moore is a strong advocate for sustainable urban development, including green buildings, improved public transport services, separated cycleways, increased parks and green spaces, enhanced public domain and pedestrian activity. She has an extensive record of activism on public accountability and open government, the environment, equity and social issues such as homelessness, drug and alcohol services, gay and lesbian rights and the humane treatment of animals.



Joanna Savill, Director, Sydney International Food Festival

The Sydney International Food Festival director is one of Australia's most popular and respected food personalities. Joanna Savill is a prolific traveller and writer on food and food cultures, a long-time Good Living contributor and co-editor of the *The Sydney Morning Herald Good Food Guide*, now in its 25th edition. She was also co-creator and host of the landmark TV series, *The Food Lover's Guide to Australia* (seen in more than 20 countries). Named in 2004 as the "Best overall contributor to the communication of food" by the Food Media Club of Australia, Joanna Savill works as a journalist, TV presenter, linguist and MC.

Formerly a reporter with *SBS World News*, the multicultural affairs program *Vox Populi* and the international current affairs program, *Dateline*, Joanna Savill was founding editor of *the SBS World News* and its on-line video news bulletin, which she also presented.



Ian Sinclair is a planning consultant and lecturer specialising in rural and metropolitan planning. He has had more than 20 years experience in the field and has prepared strategies for a number of the metropolitan fringe Councils as well as other Councils in NSW. Prior to starting his consultancy in 1999 he worked at Wingecarribee and Wollondilly Councils where he was the Strategic Planning Manager. He is a part-time lecturer at the University of NSW where he teaches a Rural Planning course as well as other lectures. He has undertaken 11 study trips to the USA and Canada and is a regular lecturer at Universities in Australia and has also lectured in the USA and Canada. He has

also authored the Rural Planning Chapter in *Planning Australia – Issues for Urban and Regional Planning* with Ray Bunker edited by Associate Professor Susan Thompson of the Faculty of the Built Environment at the University of NSW



Josh Wyndham-Kidd Josh is a member of the Australian Youth Delegation heading for the climate change talks in Copenhagen. He is a member of the Australian Youth Climate Coalition. He attended the UN Framework Convention on Climate Change in Poland in Dec 2008 as Australian Youth Delegate, representing the Delegation on forest issues.

Workshop presenters

Name	Biography	Presentation
WORKSHOP 1A – Food Security Access	Chair: Sally James	SFFA
Sebastien Brignano	<p>Sebastien is responsible for the national development of Red Cross food security initiatives in Australia, with a particular focus on indigenous communities.</p> <p>He has an extensive experience in food security and has worked with Doctors without Borders (MSF), Doctors of the World (MDM) and Youth Challenge in Madagascar, Haiti, Liberia, Myanmar, Sri-Lanka, Chad/Darfur, Geneva and Central Australia.</p> <p>He has worked with some of the most vulnerable populations in these areas, such as sex workers, child soldiers, refugees, displaced people and indigenous communities. He has a Master in Public Health, is an accredited clinical dietician & nutritionist and specialist in food security, primary health care, HIV/AIDS and Harm Reduction.</p>	<p>The Red Cross works in partnership with many of Australia's most vulnerable communities to address the significant impact of food insecurity on children, families and individuals. The presentation will outline key barriers to food security and showcase Red Cross innovative community food initiatives for the most vulnerable groups in the community.</p>

Kathy Chapman	Kathy Chapman is Nutrition Program Manager at Cancer Council NSW and has worked at Cancer Council since 2002. Kathy is an accredited practising dietitian and has over 16 years experience working in nutrition, in both public health and clinical settings. Kathy is responsible for developing the Cancer Council's positions, policies and programs relating to nutrition and cancer prevention. Kathy is the chair of Cancer Council Australia's Nutrition and Physical Activity and the Coalition on Food Marketing to Children.	Cancer Council NSW has conducted two surveys to determine the cost and availability of a healthy food basket across different locations in NSW. The survey also looks at the availability and quality of fresh fruit and vegetables. Kathy Chapman will present on the results of the survey which show that there is significant price variation both in Sydney and across NSW.
Nicole Wiles	Nicole Wiles is Dietitian working with the Home and Community Care Community Nutrition Program in Sydney South West Area Health Service. Nicole has been responsible for providing nutrition training and introducing nutrition screening to service providers providing care to older people and younger people with disabilities. Her work also involves a home visits to clients with complex nutritional needs. Nicole has a strong commitment to raising the profile of good nutrition in both older people and younger people with disabilities.	One in three older people living in the community are suffering from malnutrition. To improve access to food for older people there needs to be appropriate services in place to assist those with limited mobility, social and financial issues. I will be providing an example of the role of Accredited Practising Dietitians in the community who can not only provide individual advice to older people, but also equip service providers with adequate skills and knowledge to identify and assist those at risk of malnutrition.
Maria Gomez	Maria is a full time Research and Project Officer at The Diabetes Unit, Menzies Centre for Health Policy and works across a number of projects related to her main research interests which include primary prevention and the evidence base for intervening in chronic diseases. Maria has a Masters of Public Health with a sub major in health promotion. Maria has a particular interest in health promotion in low SES communities.	There is a widespread belief that supermarkets in low SES areas stock more "junk food" than supermarkets in high SES areas. This presentation will present key findings and issues raised by a study that examined the socio-economic status (SES) of supermarket locations to determine if there are SES mediated differences in the healthfulness of the content of supermarket shelves, and whether this translates into differences in healthy versus unhealthy purchases by customers of these supermarkets.
WORKSHOP 1B – Planning For Future Food	Chair : Jill Finnane	SFFA, Edmund Rice Centre
Jemilah Hallinan	Jemilah Hallinan is the Education Director at the NSW Environmental Defender's Office. Her role involves teaching the community about how to engage in environmental decision making. She is also a solicitor and provides free legal advice to the community on a range of environmental law matters.	Jemilah will draw upon current and recent cases in which the EDO has acted to demonstrate how legal action can be used to protect agricultural land. The EDO is currently acting for farmers on the Liverpool Plains in their struggle to prevent mining on their properties and Jemilah will provide a brief overview of some of the key issues in that case.
Frances Parker	Frances Parker is an Adjunct Associate Professor at the University of Western Sydney. Her research has highlighted the contribution of small, intensive family farms to the social, cultural and economic diversity of the Sydney Basin, particularly farmers, including women, from culturally and linguistically diverse backgrounds. She has acted as an advocate to increase the awareness of government agencies of the importance of this sector, and the need to	Making space and planning for diversity Historically the Sydney Basin has always been an important in food production, for Indigenous peoples, the first white settlers, and recently for successive waves of migrants, where farming has provided an important settlement strategy. Migrants from many different cultural backgrounds have been innovators, and entrepreneurial, and have achieved success with little assistance from government, having marginalised from

	<p>develop appropriate planning policies, as well as increasing access by growers to government services through initiatives such as facilitating the formation of and working with grower associations.</p>	<p>ethnospecific services, which have been largely urban based, and agricultural services, which have assumed that farmers are white, male, west of the divide producing wheat and sheep.</p> <p>This paper argues that the current focus on "feeding Sydney" and on urban agriculture could focus on agribusiness and "high tech" solutions on the one hand, and on backyard vegetable production on the other, further marginalising a sector which has provided economic, social, and cultural diversity to food production for Sydney, such as through the introduction of new crops.</p>
Ian Sinclair	<p>Ian Sinclair is a planning consultant and lecturer specialising in rural and metropolitan planning. He has had more than 20 years experience in the field and has prepared strategies for a number of the metropolitan fringe Councils as well as other Councils in NSW. Prior to starting his consultancy in 1999 he worked at Wingecarribee and Wollondilly Councils where he was the Strategic Planning Manager. He is a part-time lecturer at the University of NSW where he teaches a Rural Planning course as well as other lectures.</p>	<p>"Planning for Sydney's Food Security" It will focus on the land use of western Sydney and make the link between urban development, lifestyle living and its impact on the productive ag land. It will also incorporate the ABS 2006 Ag census data to illustrate the amount of fresh perishable produce that is grown in the Sydney area. It will finish with an overview of the planning things that have been done and that could be done.</p>
Maria Piquer-Rodriguez	<p>Maria is a spatial and GIS Analyst at the Urban Research Centre, University of Western Sydney. She has expertise in spatial analysis, forecasting land-use changes, measuring the environmental impacts of land-use changes and visualisation of spatial events.</p>	<p>Land use changes in the Sydney Basin The interaction between urban development and agricultural land on Sydney's fringe is a core concern for achieving sustainability practices in the greater metropolitan area. Planning and governance for sustainable land use requires the availability of a high quality, consistent and standardised source of land-use data to determine potential future challenges for policies.</p> <p>The Urban Research Centre of the University of Western Sydney is developing an automated and spatio-temporally consistent land use classification of the Sydney Basin for the past decade. The proposed talk will be based on presenting the main results of this land use change exercise and the accuracy of this classification in line with further research needed to be undertaken.</p> <p>Some figures will be also presented to support the fact that agriculture in the Sydney Basin is shrinking. The numbers come from a recent report from DPI, 2009 that challenges previous data on Sydney's Food production.</p>
WORKSHOP 1C – Sustainable Food Production	Chair : Jocelyn Howden	SFFA
Cate Faehrman	<p>Cate is Executive Director of the Nature Conservation Council of NSW. She is an Environmental Law Graduate with a wide variety of Qualifications and Studies at 3 Universities. Cate is on the Boards of the Environmental Law Organisation the NSW Environmental Defender's Office and the</p>	<p>Cate's talk will cover Sustainable Seafood and the rapid depletion of fish stocks (including continuing to eat shark), climate change affecting our oceans and problems with many forms of aquaculture.</p>

	<p>online campaigning organisation GetUp!.</p> <p>She is also on the NSW Government's Natural Resources Advisory Council. One of Cate's initiatives, Walk Against Warming, has become Australia's biggest community day of action on climate change.</p>	
Claire Hanley	<p>Claire Hanley is undertaking her Masters at Macquarie University. The subject of her thesis is identifying a low emission fresh food supply for Sydney. With a long-standing interest in the relationship between food production, peak oil and climate change, Claire's research is looking at how we grow, transport, package, store and dispose of our fresh food. She is researching how the impact of climate change and peak oil will demand a fundamental shift in our current practices to ensure a resilient, viable, healthy and sustainable fresh food supply system for our cities in the future.</p>	<p>Sydney's food supply in a time of peak oil and climate change</p> <p>From planners and developers to farmers and health experts, opinion is divided on how we should manage our food supply now and in the future. This paper looks at the issues of climate change and peak oil and how these will impact the way we grow, transport, process, package and consume our food and dispose of its waste. The question "Can Sydney feed itself?" is asked relentlessly to a resounding "No". I argue here that no city is capable of feeding itself. Only Havana, Cuba comes close to having a sustainable, organic, self-sufficient, urban agricultural system which came about in response to having their oil supplies virtually cut off in 1989. Havana offers the only model of urban food sustainability, and Sydney is moving relentlessly in the opposite direction.</p>
John Priestley	<p>John is a third generation organic farmer. His main pursuits have been in dairying, cropping, citrus and orchard-ing, providing oranges for supermarkets. He is also a well known cattle man whose cattle are in demand from local restaurants. His knowledge stems from over 50 years of farming and ecological stewardship and he combines practical skills, intuition and biodynamic farming methods. He has won a number of awards including OFA lifetime achievement award and Vogue Magazine produce awards. John has been a speaker at Slow Food World Conference in Turin, Italy in 2004 and numerous other events.</p>	<p>John will talk about his experience of sustainable farming and his involvement as a farmer with local community organizations, active church membership, Landcare and active membership of Biodynamics Australia.</p>
John Crawford	<p>John Crawford recently arrived from the UK to take up the Judith and David Coffey Chair in Sustainable Agriculture at the University of Sydney. He has a PhD in Theoretical Astrophysics from the University of London and after research in astronomy, changed careers to biology. For the past 20 years he has been applying mathematical and computational approaches to understand complex biological systems. His interest is in the emergence of organisation in biological systems and he has worked on cell metabolism, plant ecology, cancer and the soil-plant-microbe system. He was modelling consultant to the UK farm-scale evaluation of GM crops and was elected a fellow of the Institute of Mathematics and its Applications in 2003 in recognition of his contribution to mathematics, and a Fellow of the Royal Society in Edinburgh in 2007 in recognition of his contribution to Science.</p>	<p>Using Carbon to Secure Food and WaterIn</p> <p>John will talk about the features of soil that are important for food production, and how these features might self-organise to maintain the natural fertility of soil. He will discuss how this capacity for self-organisation might be lost, and the role that carbon plays. These processes impact on the ability of soil to hold water and deliver it to plants, and so food and water security are rooted in soil security and the availability of the right kind of carbon</p>
WORKSHOP 1D -	Chair : Charles Rue	SFFA, Columban Mission

Food and Health		
Louise Sales	Louise is a Genetic Engineering Campaigner with Greenpeace. She has a Masters in Biodiversity and Conversation and was first alerted to the dangers of GE crops during the course of her studies. She is a former Director of Corporate Watch in the UK and has previously worked as a campaigner for Environment Victoria in Melbourne and the Green Party in New Zealand. For the past 8 years she has been actively involved in grassroots campaigning against GE crops in the UK, New Zealand and Australia.	<p>Genetically engineered crops - are they sustainable?</p> <p>It is an often repeated mantra of the genetically engineered (GE) crop industry that we need GE crops to 'feed the world'. This lecture examines the potential risks posed by GE crops to human health, the environment and global food sovereignty and examines whether there is a potential role for GE crops in sustainable agriculture.</p>
Barbara Eden	Barbara Eden Food Supply Policy Manager, Heart Foundation NSW	<p>Scientific evidence, policy and food supply practice - a continuum of partnerships working to improve Australia's health.</p> <p>The relationship between what we eat and drink, our health and the role of scientific research is well established. Every year, new findings purport benefits for improving our health. The Heart Foundation's latest paper <i>Dietary fats and dietary cholesterol for cardiovascular health</i> was developed using rigorous scientific evidence to underpin its recommendations. This session will outline how the science (findings and recommendations) in the paper feeds into Heart Foundation food supply initiatives at all levels. Actual case studies will illustrate how these initiatives can induce changes, including reformulation, and the subsequent nutritional improvements in Australia's food supply.</p>
Pam Johnston	Pam is the Health Promotion Officer for Coffs- Bellingen and an active member of the Local Food Futures Alliance. Pam recently was invited to present on the LFFA and work with the Bellingen Council & Heart Foundation at the Healthy Weight Network meeting in Sydney.	<p>North Coast Health Promotion (NCHP) aims to address the environmental determinants of obesity and unhealthy eating patterns through collaborative partnerships with other government departments, NGO's, community organisations and business.</p> <p>Co-incidentally many of the strategies aimed at environmental sustainability and resilience also promote healthy behaviours in relation to healthy food and social connectedness and dovetail with core health promotion business. This presentation will briefly outline a range of NCHP and collaborative projects that aim to increase access to healthy food and promote food resilience.</p>
Nazmul Ahasan	Nazmul Ahasan is a community dietitian at NSW Refugee Health Service. Nazmul has a passion for working with disadvantaged communities, and a particular interest in food security. He has worked extensively with refugees, homeless people and Indigenous communities. In addressing food insecurity of refugee population, currently Nazmul is focusing on community development and social cohesion, developing personal knowledge and skills of refugees, developing and maintaining strategic partnerships with stakeholders and settlement service providers, and also advocacy.	<p>Addressing Food Insecurity with refugees in Fairfield</p> <p>Nazmul will describe his work with refugee families, health professionals and community workers. Communities are engaged thoroughly in program planning, resource development, implementation and evaluation, through use of bilingual community educators. He will describe a range of project outcomes .</p>

WORKSHOP 2A – Local Government	Chair : Lynne Saville	SFFA
Heather Yeatman	Dr Heather Yeatman is Associate Professor in the School of Health Sciences, University of Wollongong. She has 30 years experience working in government, academia and with community organisations in areas relating to health, nutrition, the food system and public engagement in policy. She has served on several government and non-government boards and committees in a variety of roles, at the local level with Healthy Cities Illawarra and local governments, state level NSW Food Authority and nationally with food standards, complementary medicines, animal welfare, agricultural chemicals and Heart Foundation. She is program coordinator for the upcoming national Food Futures conference to be held in Canberra April 2010, under the auspices of the Public Health Association of Australia. Dr Yeatman's academic qualifications cover public health, nutrition & dietetics, education and science.	Heather will present an overview of ways in which local governments can engage with the food system. She will illustrate these strategies with examples of innovative programs undertaken by councils across Australia.
Christine Slade	Christine is a member of the Community Planning and Development Program research team at La Trobe University Bendigo and is currently writing her Master Thesis titled <i>The Role of Local Government in Providing Greater Community Food Security</i> . This thesis aims to contribute to the emerging body of research in this area, and by using a case study methodology bring to light current examples, within a natural setting, of Australian local government involvement in food security initiatives.	<u>Outline:</u> What will attract local government to adopt food policy over others presented to them in a competitive lobbying environment with community advocates? Such acceptance requires government to undergo mindset changes, increase their governance capacity and work within complex partnerships. <u>Importance:</u> When shaping food policy, it is helpful to understand the barriers faced by local government in embracing such policy. Although, a shared responsibility of all government tiers, local government is well-placed to facilitate food policy at the grass roots level.
Mark Graham	Mark is a Councillor on Coffs Harbour City Council and has been heavily involved in local and organic food production on the NSW North Coast for a number of years. He also works in strategic planning for the protection of high quality agricultural lands from residential, commercial and industrial development proposals.	Mark will present a regional perspective on local food production and healthy community development as well as outlining a range of initiatives currently underway to ensure the protection and expansion of the local food production industry in light of such issues as peak oil and the obesity epidemic.
WORKSHOP 2B – Innovation in the Community	Chair : Russ Grayson	SFFA
John McNaull	John McNaull is a gardener currently on inverse-sabbatical in the city as a telecommunications consultant. In addition to organising the Blue Mountains Forum lead up event to this Food Summit, John and his partner Loree are active in a number of food related projects based in the Blue Mountains region. Via their business "Organic John the Gardener" they offer ornamental and food garden design and maintenance services based on organic and	John will present information on work to support and stimulate local food producing and distribution systems, such as the Local Garden Exchange concept, a market stall for local gardeners to bring their garden surplus to sell or swap - aimed at stimulating local food production.

	<p>biodynamic principles. In 2003 John and Loret initiated the Mid Blue Mountains Seedsavers. The aim of this group is to promote seed saving skills within the community as well aiming towards a locally adapted food seed bank.</p> <p>John is only a few generations away from his peasant farmer heritage in Scotland and Ireland, and enjoys home made wine and singing with the Spooky Mens Chorale well as gas-bagging on his gardening blog</p>	
Nick Rose	<p>Coordinator of the Bellingen Local Food Network; Bellingen Community Gardens Association - The Coffs Coast Local Food Futures Alliance was formed in May 2008. It is an innovative and expanding partnership involving local food and other community groups, the Coffs TAFE, local councils and the North Coast Area Health Services.</p>	<p>Stakeholders are in the process of elaborating and implementing a strategy for a sustainable, resilient and socially just re-localised food economy for our region. This presentation will explore the vision, objectives, structure and achievements to date of the LFFA, and how we see it developing over the coming years. The presenter is a member of one of the key community stakeholder groups.</p>
TBC	<p>Experience of farming with African refugees at Mamre House, St Mary's</p>	Mamre House
WORKSHOP 2C – Food Business and Industry	Chair : Cheryl Walker	SFFA, Leichhardt Council
John Maguire	<p>John Maguire is an orchardist from Grose Vale, which is in the foothills of the Blue Mountains between Richmond and Kurrajong. He was a foundation member of the Hawkesbury Harvest and the Farm Gate Trail, which started with 12 members and has now expanded to the Hawkesbury-Nepean valley. He has been farming at Grose Vale for 20 years, but grew up at Emu Plains where his father was a farmer. He now combines his orchard with tourism. His son Adrian works with him and has now started a providore business.</p>	<p>Sustainable Agriculture John's presentation will cover the significant contribution that tourism can make towards the viability of sustainable and profitable agriculture in the Sydney basin in the Hawkesbury / Nepean Valley. He will present</p> <ul style="list-style-type: none"> • Brief history of the Hawkesbury Harvest Farmgate Trail • Brief history of his Enniskillen Orchard agribusiness • Symbiotic relationship between Hawkesbury Harvest and Enniskillen Orchard • Profile of the varied land forms and microclimates that abound in the Hawkesbury / Nepean catchment • Potential for food production east of the Great Dividing Range due to climate change
Jared Ingersoll	<p>Jared co-established the restaurant Danks Street Depot in 2002. Dansk Street Depot was the winner of the 2007 Le Cordon Bleu World Food Media Awards for Best Hardcover Cookbook (under \$30).</p>	<p>Jared will talk about his work at Danks St Depot in Waterloo which works on principles of the Slow Food movement - practising sustainable and ethical principles in sourcing raw ingredients to create delicious and nutritious cuisine.</p>
Jane Adams	<p>Jane Adams is the principal of a marketing consultancy specialising in food, wine and hospitality. She is also an award-winning food writer. Jane has been instrumental in introducing farmers' markets to rural, regional and urban communities and believes they provide a permanent and powerful alternative link in Australia's food chain.</p>	<p>Good things come in small parcels Marketing consultant and farmers' market catalyst Jane Adams examines the role of farmers' markets in the creation of new, viable and healthy links in the food chain.</p>
Michael Champion		

WORKSHOP 2D – NGOs and Local Food Projects	Chair : Pat Rayner	SFFA
<p>Pamela Simon & Alice Wood</p>	<p>Pamela Simon has worked as Indigenous Children’s Coordinator at Tharawal Aboriginal Corporation for the past 2.5 years. Pam has worked in a number of other services with Children and Young people and has a strong commitment to the “early intervention model” and believes the earlier the better.</p> <p>Alice Wood- Senior Health Education Officer- Social Determinants of Health- Sydney South West Area Health Service. Alice has worked in Health for the past 15 years both in Health Promotion and Community Participation. Alice has also worked in number of other Non-Government Organisation and has a strong commitment to the issues of Social Justice, Community Involvement and Community Input in Decision- Making.</p>	<p>The Tharawal Community Kitchen Commenced in June 2008 with a number of key nutritional objectives. Qualitative data was collected from the commencement of the project until the pilot finished in December 2008. The data although small in numbers show that when Aboriginal people come together to share food, share stories and yarn, that the learning together is reflected in their everyday life. The data showed significant increases in the uptake of healthy food and cooking at home. Some changes that resulted from participation were:</p> <ul style="list-style-type: none"> an increased variety of foods in the diet, increased vegetable consumption and increased knowledge and information on healthy food.
<p>Simon Gregory</p>	<p>Simon and his wife Belinda began full-time ministry with The Salvation Army in 2004. While leading a church in Wattle Grove, Simon began working in the Warwick Farm community, quickly developing a passion for the people of Warwick Farm and an understanding of the impact of food insecurity on the Community. In 2008 Simon took on the role of Community Relations Manager at the Greater Liverpool Salvation Army and after three years of planning opened the Warwick Farm Food 4 Life Market in July 2009.</p>	<p>Warwick Farm Food 4 Life Market With a 3 year gestation period, the Food 4 Life Market at Warwick Farm was a long time coming, but in 3 short months the impact on the community has been profound. Find out how a partnership between a government department and a church have joined forces to bring an innovative solution to food insecurity in South-West Sydney.</p>
<p>Nerida Deane</p>	<p>Nerida Deane works for the Sydney South West Area Health Service as a Health Promotion Officer in the Food Security Team. Over the past 4 years she has been working with community, government and non-government agencies in partnerships to address food security from a community development approach. ‘I like vegie gardens, I’m a culture vulture, I value the resilience, knowledge and abilities of people to tackle the tricky problems and I value the great generosity of spirit amongst community volunteers.’</p>	<p>Being at the table: a local partnership response to food insecurity Description: Food insecurity is the constant worry about running out of food and not being able to buy more. When we found high levels of food insecurity across two local suburbs, the staff and volunteers at the Neighbourhood Centre were keen to work with us to see how they could respond.</p>
<p>Wayland Mason</p>	<p>Wayland is the founder and manager of a small food company, which sources its produce from local growers from large suppliers to the back yard garden.</p>	<p>SOURCE Food Company: Helping the community grow. Wayland will show how with some simple co-ordination, small business can help local communities grow and distribute food. His company will be helping the elderly and the less fortunate, plus the general community. This gives the elderly a sense of well being and a source of regular fresh food and an income source as well. This gives communities a diversity and sustainability plus lessons in CO2. It will create local jobs and skills.</p>

Biographies of SFFA Food Summit organising group

Ms Lynne Saville: President SFFA

Worked for many years in Food Security in Western Sydney.
Now teaching at Australian Catholic University and University of Technology, Sydney.
Councillor on Willoughby Council

Mr Russ Grayson: Vice-President SFFA

Director, Manly Food Co-op
Trainer Australian City Farms & Community Gardens Network
Member of Terra Circle Food Security and Livelihoods in S Pacific

Dr Frances Parker

Adjunct Associate Professor at University of Western Sydney
Extensive research into peri-urban agriculture in Sydney Basin

Ms Catriona MacMillan: SFFA management committee

Director of Board of Organic Federation of Australia
Founder of the Organic Traders & Consumers Network
Member Standards Australia Organic & Biodynamic Technical Committee

Ms Liz Millen: Secretary SFFA

Co-ordinator SFFA Food Summit 2009
Working in food security for South West Sydney Area Health Service

Ms Jill Finnane

Originally a science teacher, Jill Finnane spent many years working for Action for World Development as a community educator focusing on sustainable development. She is a founding member of Trade Winds – the first fair trade initiative in Australia. Permaculture has played a huge part in her life. She has embraced roles as a practitioner, teacher, advisor and author mostly in Sydney, but also small contributions in Sri Lanka, Vietnam and East Timor. For a couple of years she ran a permaculture course for the Lifestyles Unit at Long Bay Gaol. In 2004 she set up and has since coordinated the Eco-Justice Program for the Edmund Rice Centre. She is a founding member and on the management committee of the Sydney Food Fairness Alliance. Whenever possible Jill cycles to work.

Ms Sally James: SFFA management committee

Dietitian specialising in Aged Care and Disability
Member Management Committee Food Distribution Network, Redfern

Dr Charles Rue, M.EnvPlan (Mq) PhD, was educated at Canowindra and Hunters Hill. A farmer for four years, he was President of the local Young Farmers before joining Columban Mission. Ordained a priest in 1968, he worked as a missionary in South Korea and Jamaica WI. On mission education in Australia he promotes awareness of the connection between care for the poor and care for the earth. He has published on GMOs and climate change. He coordinates the Columban office for Justice Peace and Integrity of Creation in Australia (JPICoZ).
charlesdrue@netscape.net MB 0408 466 820

Ms Pat Rayner: Treasurer SFFA

Contact person for Blue Mountains Permaculture Network, member of Blue Mountains Sustainability Food Group and has been involved in SFFA since its foundation.